

## Contacts and Reading List

### Contacts for books and education:

Acres, USA  
P.O. Box 91299  
Austin, TX 78709-1299  
800-355-5313  
512-892-4400  
fax 512-892-4448  
info@acresusa.com  
www.acresusa.com

Book sales, conferences dealing with alternative agriculture, a few relate to biodynamics.  
Publisher Acres USA monthly newspaper.

Anthroposophic Press  
3390 Route 9  
Hudson, NY 12534  
518-851 2054  
800-925-1795  
anthropres@aol.com

Book sales covering the broad range of Steiner activities.

Appropriate Technology Transfer for Rural Areas (ATTRA)  
P.O. Box 3657  
Fayetteville, AR 72702  
Phone: 1-800-346-9140 --- FAX: (501) 442-9842  
<http://www.attra.org/attra-pub/biodynamic.html>

Informative, objective, free on-line reports on alternative agriculture.

Biodynamic Farming and Gardening Association, Inc.  
1661 N Water Street Suite 307  
Milwaukee, WI 53202  
(262) 649-9212  
(262) 649-9213 fax  
biodynamic@aol.com  
<http://www.biodynamics.com>

Publisher of Biodynamics bi-monthly journal, Kimberton agricultural calendar, and extensive selection of books.

Demeter Association, Inc.  
Post Office Box 1390  
Philomath, OR 97370  
Phone: 541.929.7148

Jim Fullmer, Executive Director

Email: [Jim@Demeter-USA.org](mailto:Jim@Demeter-USA.org)

Demeter certification for biodynamic produce; publisher of The Voice of Demeter.

Flowforms America

W2890 County Road ES

East Troy, WI 53120

<http://www.flowformsamerica.com/>

877.642.2810

Flowforms America appears to be the current source of flow forms in this country.

Glen Atkinson

Garuda Biodynamics Ltd

<http://garudabd.org/content/books>

Glen has posted his book "Biodynamics Decoded" and other essays on-line.

Home Orchard Society

<http://www.homeorchardsociety.org/>

Local non-profit group of amateur fruit tree enthusiasts. A good source of scions for unusual fruit varieties.

Dr Ingham's articles on the soil food web are online at <http://www.soilfoodweb.com/>.

Her Soil Biology Primer is a great introduction at

[http://www.nrcs.usda.gov/wps/portal/nrcs/detailfull/soils/health/biology/?cid=nrcs142p2\\_053868](http://www.nrcs.usda.gov/wps/portal/nrcs/detailfull/soils/health/biology/?cid=nrcs142p2_053868).

Josephine Porter Institute for Applied Biodynamics, Inc.

Rt. 1, Box 620

Woolwine, VA 24185

540-930-2463

<http://www.jpibiodynamics.org>

JPI makes and distributes the full range of BD Preparations, as well as the BD Compost Starter and the BD Field Starter. Publisher of Applied Biodynamics, a quarterly newsletter.

Michael Fields Agricultural Institute

W2493 County Rd. ES

East Troy, WI 53120

<http://michaelfields.org/>

The Pfeiffer Center

c/o Threefold Education Foundation

200 Hungry Hollow Road

Chestnut Ridge, NY 10977

914-352-5020

914-352-5071 Fax

<http://www.pfeiffercenter.org/>

Educational seminars and training on biodynamic farming and gardening.

Rudolf Steiner College

9200 Fair Oaks Blvd.

Fair Oaks, CA 95628

916-961-8729

916-961-3032 Fax

<http://www.steinercollege.org/>

Educational programs in Anthroposophy, Waldorf education and Biodynamics. Extensive book store.

Woods End Research Laboratory

Rt. 2, Box 1850

Mt. Vernon, ME 04352

207-293-2456

Contact: Dr. William Brinton

E-mail: [info@woodsend.org](mailto:info@woodsend.org)

<http://www.woodsend.org/>

Woods End publishes noteworthy manuals on compost, soil organic matter, and green manures.

### **Reading on Biodynamic Farming:**

Blaser, Peter, and Ehrenfried Pfeiffer. 1984. *Bio-Dynamic Composting on the Farm and How Much Compost Should We Use?* Bio-Dynamic Farming and Gardening Association, Inc., Kimberton, PA. 23 p.

Corrin, George. 1960. *Handbook on Composting and the Bio-Dynamic Preparations*. Bio-Dynamic Agricultural Association, London. 32 p.

Carpenter-Boggs, Lyne, "The Science Behind Biodynamics", Dr. ,

<http://www.extension.org/article/28756>.

Crimi, Steve, "Performance in the Garden", collection of Alan Chadwick's talks . Logosophia Books Alan Chadwick Archive, Philosophy Farm, 522 Wilson Branch Road, Mars Hill, NC, 828 680 9484.

Cuthbertson, Tom, *Alan Chadwick's Enchanted Garden*, Ten Speed Press, 1979, ISBN 0-525-47509-5

Edwards, Lawrence, *The Vortex of Life*, Floris Press, Edinburgh 1993, ISBN 0863151485.

Edwards, Lawrence, *Projective Geometry*, Rudolf Steiner Institute, Phoenixville 1985, ISBN

0961530405.

Groh, Trauger, and Steven McFadden. 1997. *Farms of Tomorrow Revisited: Community Supported Farms, Farm Supported Communities*. Biodynamic Farming and Gardening Association, Kimberton, PA. 294 p.

\*Jeavons, John, *The Sustainable Vegetable Garden*, Ten Speed Press, 1999, ISBN 1-58008-016-2.

Joly, Nicholas, *Wine from Sky to Earth: Growing & Appreciating Biodynamic Wine*, 168 pages. Available in the U.S. through [Acres USA](#) and [Biodynamic Farming and Gardening Association](#).

Keats, Brian, *Northern Sun Agricultural Calendar*, <http://www.astro-calendar.com/>

Koepf, H.H. 1980. *Compost ( What It Is, How It Is Made, What It Does)*. Biodynamic Farming and Gardening Association, Inc., Kimberton, PA. 18 p.

Koepf, Herbert H. 1989. *The Biodynamic Farm: Agriculture in the Service of the Earth and Humanity*. Anthroposophic Press, Hudson, New York. 248 p.

Koepf, Herbert H. 1993. *Research in Biodynamic Agriculture: Methods and Results*. Biodynamic Farming and Gardening Association, Kimberton, PA. 78 p.

Koepf, Herbert H., Bo D. Pettersson and Wolfgang Schaumann. 1976. *Biodynamic Agriculture: An Introduction*. Anthroposophic Press, Hudson, New York. 430 p.

Lovel, Hugh. 1994. *A Biodynamic Farm for Growing Wholesome Food*, Acres, USA, Kansas City, MO. 215 p.

Pfeiffer, Ehrenfried. 1981. *Weeds and What They Tell*. Bio-Dynamic Literature, Wyoming, RI. 96 p.

Pfeiffer, Ehrenfried. 1983. *Bio-Dynamic Gardening and Farming*. [collected articles, ca. 1940 - 1961] Volume 1, 2 and 3. Mercury Press, Spring Valley, New York.

Pfeiffer, Ehrenfried. 1983. *Soil Fertility: Renewal and Preservation*. Lanthorn, East Grinstead, Sussex, England. 200 p.

Pfeiffer, Ehrenfried. 1984. *Chromatography Applied to Quality Testing*. Bio-Dynamic Literature, Wyoming, RI. 44 p.

Pfeiffer, Ehrenfried. 1984. *Using the Bio-Dynamic Compost Preparations & Sprays in Garden, Orchard, & Farm*. Biodynamic Farming and Gardening Association, Inc., Kimberton, PA. 64 p.

\*Philbrick, John and Helen, *Gardening for Health and Nutrition*, Rudolf Steiner Publications,

1971.

Kolisko, E. And L., *Agriculture of Tomorrow*, Acorn Press, 1978, ISBN 0-906492-00-9.

Podolinsky, Alex. 1985. *Bio-Dynamic Agriculture Introductory Lectures, Volume I and II*. Gavemer Publishing, Sydney, Australia.

\*Proctor, Peter. 1997. *Grasp the Nettle: Making Biodynamic Farming and Gardening Work*. Random House, Auckland, N.Z. 176 p.

Remer, Nicolaus. 1995. *Laws of Life in Agriculture*. Bio-Dynamic Farming and Gardening Association, Kimberton, PA. 158 p.

Remer, Nikolaus. 1996. *Organic Manure: Its Treatment According to Indications by Rudolf Steiner*. Mercury Press, Chestnut Ridge, NY. 122 p.

Sattler, Fritz and Eckard von Wistinghausen. 1989. *Biodynamic Farming Practice* [English translation, 1992]. Bio-Dynamic Agricultural Association, Stourbridge, West Midlands, England. 336 p.

Schilthuis, Willy. 1994. *Biodynamic Agriculture: Rudolf Steiners Ideas in Practice*. Anthroposophic Press, Hudson, NY. 11 p.

Steiner, Rudolf. 1993. *Spiritual Foundations for the Renewal of Agriculture: A Course of Lectures*. Bio-Dynamic Farming and Gardening Association, Kimberton, PA. 310 p.

\*Storl, Wolf D. 1979. *Culture and Horticulture: A Philosophy of Gardening*. Bio-Dynamic Literature, Wyoming, RI. 435 p.

\*Thun, Maria, *Gardening for Life - The Biodynamic Way : A Practical Introduction to a New Art of Gardening, Sowing, Planting, Harvesting*, 2000, Hawthorn House, ISBN: 1869890329.

Thompkins, Peter, and Christopher Bird. 1989. *The Secrets of the Soil*. Harper & Row, New York, NY. 444 p.

\*Wildfeuer, Sherry, ed., *Stella Natura Calendar, Inspiration & Practical Advice for Home Gardeners & Professional Growers in Working with Cosmic Rhythms*, Kimberton Hills, available from the [Anthroposophic Press](#).

## Reading on Organic (but not necessarily BD) Gardening

\*Solomon, Steve, *Growing Vegetables West of the Cascades*, Sasquatch Books, 2000, ISBN 1-57061-240-4

Apelhof, Mary, *Worms Eat My Garbage*, Flower Press, 1982.

Colebrook, Binda, *Winter Gardening in the Maritime Northwest*, Tilth, 1977.

Gessert, Kate, *The Beautiful Food Garden*, 1983, ISBN 0-442-23857-6.

\*Kourik, Robert, *Designing and Maintaining Your Edible Landscaping*, Metamorphic Press, 1986, ISBN 0-9615848-0-7.

[Proceedings](#) of the 6th International Congress on Organic Viticulture, IFOAM, August 2000, Basel. 263-page PDF. Nice to have these proceedings posted on-line; they include a number of papers dealing with research and observation on biodynamic operations.

\* Starred items are recommended for beginners.

## Seed Sources

Adaptive Seeds, <http://www.adaptiveseeds.com>, 25079 Brush Creek Rd., Sweet Home, OR 97386. On-line catalog of locally grown BD heirloom varieties.

Baker Creek Heirloom Seeds, <http://www.rareseeds.com/>, 2278 Baker Creek Rd., Mansfield, MO 65704 U.S.A. Fax or phone to (417)924-8917. Not BD, some organic, links to other heirloom sources.

Bountiful Gardens, repackages British seed, allied with John Jeavons, [www.bountifulgardens.com](http://www.bountifulgardens.com)

Elixer Farm, <http://www.elixirfarm.com>, in the Ozarks, provides biodynamic seeds for native and Chinese medicinal herbs.

Deep Diversity, [www.seedsofchange.com](http://www.seedsofchange.com). All organic from New Mexico, heirloom varieties but not necessarily adapted to our climate.

Garden City Seeds, [www.gardencityseeds.com](http://www.gardencityseeds.com), All organic from Montana.

Stokes, [www.stokesseeds.com](http://www.stokesseeds.com), trialed for Canadian climate, not organic.

Territorial, [www.territorial-seed.com](http://www.territorial-seed.com), trialed for Willamette Valley, not all organic.

Thompson & Morgan, [www.thompson-morgan.com](http://www.thompson-morgan.com), expensive British varieties, not organic.

Turtle Tree Seed, Camphill Village, Copake, NY 12516 (518) 329-3038 Biodynamic seeds for the gardener.

West Coast, [www.westcoastseeds.com](http://www.westcoastseeds.com), not organic, but from Vancouver, BC